



THE TECHNICAL UNIVERSITY OF KENYA

DEPARTMENT OF HEALTH AND BIOMEDICAL SCIENCES

SEMESTER TWO (APRIL-JULY 2025) TEACHING TIMETABLE

HUMAN NUTRITION AND DIETETICS PROGRAMME

| CSE |         | Bsc (SHNI/2024)                            | Bsc (SHNI/2023)                                    | Bsc (SHNI/2022)                                             | Bsc (SHNI/2021)                                                | Diploma (SHNE2024)                                         | Diploma (SHNE2023)                                           |   |         | MSC (SHNU/2024)                                                   |
|-----|---------|--------------------------------------------|----------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------------|------------------------------------------------------------|--------------------------------------------------------------|---|---------|-------------------------------------------------------------------|
| DAY |         | YR 1SEMESTER 2                             | YR2 SEMESTER 2                                     | YR3 SEMESTER 2                                              | YR4 SEMESTER 2                                                 | YR 1SEMESTER 2                                             | YR2 SEMESTER 2                                               |   | TIME    | YR 1 SEMESTER 2                                                   |
| M   | 7-9 am  | UCCC 1201 Health Education (Service) OL    | SHNQ 2228 Nutrition surveillance (L. Karani) OL    | SHNQ 3222 Nutrition in Disease mgnt II (Mildred. O) OL      | SHNQ 4221 Leadership in Nutrition and dietetics (Dr Ojwang) OL | UCCC 1201 Health Education (Service) OL                    | SHNE 2223 Nutrition in emergencies (P. Cheruiyot) OL         | M | 7-10 am | SHNU 7213 Food Nutrition security and human rights (Dr. Malla) OL |
| O   | 9-11 am |                                            |                                                    | SHNQ 3222 Nutrition in Disease mgnt II (Mildred. O) OL      | SHNQ 4225 LifeSkills(Dr. Malla) OL                             | SHNE 1221 Introduction to microbiology (Dr Joyce) J34      | SHNE 2225 Nutrition Interventions in HIV/AIDS (L. Karani) OL | O | 10-1 pm | SHNU 7215 Research methods (Dr. Ojwang) OL                        |
| N   | 11-1 pm | UCCC 1103 Society and Culture (Service) OL | SHNQ 2221 Therapeutic Dietetics I (Dr. Mugambi) J6 | SHNQ 3226 Nutrition Epidemiology (L. Karani) OL             | SHNQ 4224 Nutrition wellness and fitness (P. Cheruiyot) OL     | SHNE 1221 Introduction to microbiology (Dr Joyce) J34      |                                                              | N | 1-3 pm  | SHNU 7117 Applied Food Science (Service) OL                       |
| D   | 1-3 pm  |                                            | SHNQ 2221 Therapeutic Dietetics I (Dr. Mugambi) J6 | SHNQ 3224 Nutrition education and counselling (Dr Joyce) OL | SHNQ 4211 Business Planning (Service)                          |                                                            | SHNE 2211 Introduction to psychology (P. Cheruiyot) OL       | D | 3-5 pm  | SHNU 7214 Nutrition in Emergencies (Dr. Mugambi) SkillsLab        |
| A   | 3-5 pm  | SHNQ 1221 Macro Nutrients(Dr. Malla) J6    |                                                    | SHNQ 3221 Nutrition in emergencies (P. Cheruiyot) OL        |                                                                |                                                            |                                                              | A |         |                                                                   |
| Y   |         |                                            |                                                    |                                                             |                                                                |                                                            |                                                              | Y |         |                                                                   |
|     |         |                                            |                                                    |                                                             |                                                                |                                                            |                                                              |   |         |                                                                   |
| T   | 7-9 am  | UCCC 1201 Health Education (Service) OL    | SHNQ 2228 Nutrition surveillance (L.Karani) OL     |                                                             | SHNQ 4224 Nutrition wellness and fitness (P. Cheruiyot) OL     | UCCC 1201 Health Education (Service) OL                    | SHNE 2222 Maternal and child Nutrition (I.Kieti) OL          | T | 7-10 am | SHNU 7117 Applied Food Science (Service) J34                      |
| U   | 9-11 am |                                            | SHNQ 2224 Sociology (S.Wairegi) OL                 | SHNQ 3226 Nutrition Epidemiology (L. Karani) OL             | SHNQ 4221 Leadership in Nutrition and dietetics (Dr Ojwang) OL | SHNE 1211 Computer Information systems (Service) J6        | SHNE 2223 Nutrition in emergencies (P. Cheruiyot) OL         | U | 10-1 pm | SHNU 7214 Nutrition in Emergencies (Dr. Mugambi) J34              |
| E   | 11-1 pm | UCCC 1103 Society and Culture (Service) OL | SHNQ 2226 Nutrition Anthropology (P. Gichuhi) OL   | SHNQ 3221 Nutrition in emergencies (P. Cheruiyot) OL        |                                                                | SHNE 1223 Meal planning mgnt&service Theory (S.Wairegi) J6 | SHNE 2225 Nutrition Interventions in HIV/AIDS (L. Karani) OL | E | 1-3 pm  | SHNU 7215 Research methods (Dr. Ojwang) J34                       |

|   |         |                                                                 |                                                               |                                                             |                                                                                        |                                                                           |                                                                           |   |         |                                                                                     |
|---|---------|-----------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------|---|---------|-------------------------------------------------------------------------------------|
| S | 1-3 pm  |                                                                 | SHNQ 2223 Nutrition assessment (C. Gutu) OL                   | SHNQ 3223 Nutrition and Behaviour (P. Gichuhi) OL           | SHNQ 4211 Business Planning (Service)                                                  | SHNE 1111 Physical Science (Service) J6                                   | SHNE 2211 Introduction to psychology (P. Cheruiyot) OL                    | S | 3-5 pm  |                                                                                     |
| D | 3-5 pm  |                                                                 |                                                               |                                                             | SHNQ 4212 Food Processing preservation and analysis (L. Waititu/Mogwasi) Practical-lab | SHNE 1225 Principles of Human Nutrition (C.Gutu) J6                       | SHNE 2224 Principles of nutrition and behaviour (P.Gichuhi) OL            | D |         |                                                                                     |
|   |         |                                                                 |                                                               |                                                             |                                                                                        |                                                                           |                                                                           | A |         |                                                                                     |
| Y |         |                                                                 |                                                               |                                                             |                                                                                        |                                                                           |                                                                           | Y |         |                                                                                     |
|   |         |                                                                 |                                                               |                                                             |                                                                                        |                                                                           |                                                                           |   |         |                                                                                     |
| W | 7-9 am  | SHNQ 1212 Information communication Technology II (Service) J34 | SHNQ 2223 Nutrition assessment (C. Gutu) Skillslab            | SHNQ 3224 Nutrition education and counselling (Dr Joyce) OL |                                                                                        | SHNE 1223 Meal planning mngt&service Theory (S.Wairegi) OL                | SHNE 2213 Data base mngt System (Service) J6                              | W | 7-10 am | SHNU 7115 Nutrition Status Diagnosis (Dr. Ojwang) OL                                |
| E | 9-11 am | SHNQ 1211 Food Microbiology and parasitology (Dr.Joyce) J34     | SHNQ 2222 Human nutrition (H. Simba) OL                       |                                                             | SHNQ 4223 Research Project II (DHND) OL                                                |                                                                           | SHNE 2222 Maternal and child Nutrition (I.Kieti) OL                       | E | 10-1 pm | SHNU 7216 Seminar in community nutrition (Dr. Waswa) SkillsLab                      |
| D | 11-1 pm | SHNQ 1213 Human anatomy (Julie Odek) J34                        |                                                               | SHNQ 3211 Nutrition Pharmacology (Mercy Adera) OL           |                                                                                        | SHNE 1212 Human Anatomy & Physiology (Dr Kodhek) J6                       | SHNE 2224 Principles of nutrition and behaviour (P.Gichuhi) OL            | D | 1-3 pm  | SHNU 7115 Nutrition Status Diagnosis (Dr. Ojwang) OL                                |
| N | 1-3 pm  |                                                                 | SHNQ 2222 Human nutrition (H. Simba) OL                       | SHNQ 3227 Research methodology (Dr Joyce) OL                | SHNQ 4222 Nutrition Policies and Legislation (P. Gichuhi) OL                           | SHNE 1225 Principles of Human Nutrition (C.Gutu) J6                       | SHNE 2221Diet therapy I I (Dr. Mugambi) OL                                | N | 3-5 pm  |                                                                                     |
| E | 3-5 pm  | SHNQ 1214 Human Physiology (Dr Kodhek) J34                      | SHNQ 2227 Infant and young child nutrition C. Gutu) OL        | SHNQ 3227 Research methodology (Dr Joyce) OL                |                                                                                        | SHNE 1222 Basic biochemistry (Service) J6                                 | SHNE 2221Diet therapy I I (Dr. Mugambi) OL                                | E |         |                                                                                     |
| S |         |                                                                 |                                                               |                                                             |                                                                                        |                                                                           |                                                                           | S |         |                                                                                     |
|   |         |                                                                 |                                                               |                                                             |                                                                                        |                                                                           |                                                                           |   |         |                                                                                     |
| T | 7-9 am  |                                                                 |                                                               | SHNQ 3211 Nutrition Pharmacology (Mercy Adera) J34          | SHNQ 4212 Food Processing preservation and analysis (L. Waititu) J6                    | SHNE 1224 Meal planning mngt&service practical (S.Wairegi / Rozy) Kitchen | SHNE 1224 Meal planning mngt&service practical (S.Wairegi / Rozy) Kitchen | T | 7-10 am | SHNU 7211 Nutrition Policy surveillance and programming (Dr. Joyce Owiti) SkillsLab |
| H | 9-11 am |                                                                 | SHNQ 2227 Infant and young child nutrition C. Gutu) SkillsLab | SHNQ 3223 Nutrition and Behaviour (P. Gichuhi) J34          | SHNQ 4212 Food Processing preservation & analysis (L. Waititu) J6                      | SHNE 1224 Meal planning mngt&service practical (S.Wairegi / Rozy) Kitchen | SHNE 1224 Meal planning mngt&service practical (S.Wairegi / Rozy) Kitchen | H | 10-1 pm | SHNU 7212 Food Statistical Package and A nalysis (Service) Skills lab               |
| U | 11-1 pm | SHNQ 1213 Human anatomy (Julie Odek) J6                         |                                                               |                                                             | SHNQ 4222 Nutrition Policies and Legislation (P. Gichuhi) J34                          | SHNE 1224 Meal planning mngt&service practical (S.Wairegi / Rozy) Kitchen | SHNE 1224 Meal planning mngt&service practical (S.Wairegi / Rozy) Kitchen | U | 1-3 pm  |                                                                                     |

|   |                               |                                                                |                                                                               |                                                                               |                                         |                                                      |                                                            |   |         |                                                                              |
|---|-------------------------------|----------------------------------------------------------------|-------------------------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------------------------|------------------------------------------------------|------------------------------------------------------------|---|---------|------------------------------------------------------------------------------|
| R | 1-3 pm                        | SHNQ 1221 Macro Nutrients(Dr. Malla) J6                        | SHNQ 2226 Nutrition Anthropology (P. Gichuhi) J34                             | SHNQ 2225 Meal planning mngt&service practical II (M.Odhiambo/Donvan) Kitchen |                                         |                                                      |                                                            | R | 3-5 pm  | SHNU 7216 Seminar in community nutrition (Dr. Waswa) SkillsLab               |
| S | 3-5 pm                        | SHNQ 1215 Organic Chemistry (Chemistry) OL                     | SHNQ 2224 Sociology (S.Wairegi) J34                                           | SHNQ 2225 Meal planning mngt&service practical II (M.Odhiambo/Donvan) Kitchen | SHNQ 4225 LifeSkills(Dr. Malla) OL      |                                                      |                                                            | S |         |                                                                              |
| D | 5-6pm                         |                                                                |                                                                               | SHNQ 2225 Meal planning mngt&service practical II (M.Odhiambo/Donvan) Kitchen |                                         |                                                      |                                                            | D |         |                                                                              |
|   |                               |                                                                |                                                                               |                                                                               |                                         |                                                      |                                                            |   |         |                                                                              |
| F | 7-9 am                        | SHNQ 1214 Human Physiology (Dr Kodhek) J6                      | SHNQ 2225 Meal planning mngt&service practical II (M.Odhiambo/Donvan) Kitchen | SHNQ 3225 Nutrition care process and clinical skills (Owange) MLKHosp         |                                         | SHNE 1211 Computer Information systems (Service) J34 | SHNE 2212 Food microbiology and parasitology (Dr Joyce) OL | F | 7-10 am | SHNU 7212 Food Statistical Package and A nalysis (Service) Skills Lab        |
| R | 9-11 am                       | SHNQ 1215 Organic Chemistry (Chemistry) OL                     | SHNQ 2225 Meal planning mngt&service practical II (M.Odhiambo/Donvan) Kitchen | SHNQ 3225 Nutrition care process and clinical skills (Owange) MLKHosp         | SHNQ 4223 Research Project II (DHND) OL | SHNE 1212 Human Anatomy & Physiology (Dr Kodhek) J34 | SHNE 2212 Food microbiology and parasitology (Dr Joyce) OL | R | 10-1 pm |                                                                              |
| I | 11-1 pm                       | SHNQ 1211 Food Microbiology and parasitology (Dr.Joyce) OL     | SHNQ 2225 Meal planning mngt&service practical II (M.Odhiambo/Donvan) Kitchen | SHNQ 3225 Nutrition care process and clinical skills (Owange) MLKHosp         |                                         | SHNE 1111 Physical Science (Service) J34             | SHNE 2213 Data base mngt System (Service) J6               | I | 1-3 pm  | SHNU 7213 Food Nutrition security and human rights (Dr. Malla) OL            |
| D | 1-3 pm                        | SHNQ 1212 Information communication Technology II (Service) J6 |                                                                               | SHNQ 3225 Nutrition care process and clinical skills (Owange) MLKHosp         |                                         | SHNE 1222 Basic biochemistry (Service) J34           |                                                            | D | 3-5 pm  | SHNU 7211 Nutrition Policy surveillance and programming (Dr. Joyce Owiti) OL |
| A | 3-5 pm                        | Research Activities (DHND STAFF)                               | Research Activities (DHND STAFF)                                              | Research Activities (DHND STAFF)                                              | Research Activities (DHND STAFF)        | Research Activities (DHND STAFF)                     | Research Activities (DHND STAFF)                           | A |         |                                                                              |
| Y |                               |                                                                |                                                                               |                                                                               |                                         |                                                      |                                                            | Y |         |                                                                              |
|   |                               |                                                                |                                                                               |                                                                               |                                         |                                                      |                                                            |   |         |                                                                              |
|   | Dr. Janet Malla               |                                                                |                                                                               |                                                                               |                                         |                                                      |                                                            |   |         |                                                                              |
|   | Human Nutrition and Dietetics |                                                                |                                                                               |                                                                               |                                         |                                                      |                                                            |   |         |                                                                              |